

# HEALTHY SCHOOL RECOGNIZED CAMPUS

2020 - 2021 Program Guidelines



TEXAS A&M  
**AGRILIFE**  
EXTENSION



● **What is Texas A&M AgriLife Extension?**

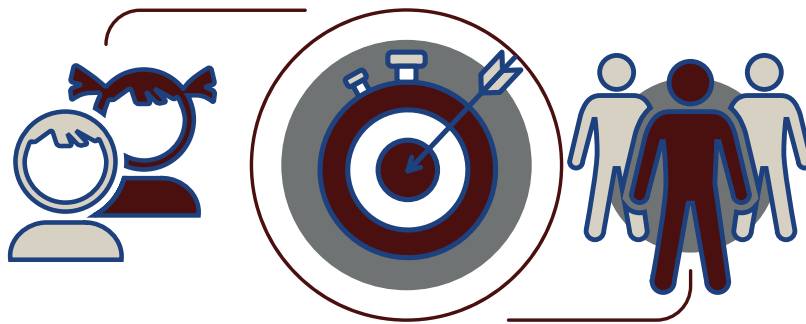
Texas A&M AgriLife Extension Service is a vast network of Extension offices and professionals that serve all 252 counties in Texas. Texas A&M AgriLife Extension Service strives to provide education to all residents and our educational programs are designed to improve the overall health and wellness of individuals, families, and communities.

● **What is the mission of Texas A&M AgriLife Extension?**

The mission of the Texas A&M AgriLife Extension Service is to provide quality, relevant outreach and continuing educational programs and services to the people of Texas. Extension educates Texans in the areas of agriculture, environmental stewardship, youth and adult life skills, human capital and leadership, and community economic development. The agency improves the lives of Texans through an educational process that uses research-based knowledge focused on issues and needs.

● **What is the Healthy School Recognized designation?**

Your school can become an AgriLife Healthy Recognized School by meeting certain criteria with participation in Texas A&M AgriLife Extension Service programs to demonstrate the school commitment to supporting and encouraging students, staff, and parents with healthy lifestyles.



● **Criteria:**

School Wide *Walk Across Texas* program that incorporates youth participants on each team and two additional programs (one adult and one youth) from those listed below:

● **Youth (in at least 2 classrooms):**

*choose one or more*

- Choose Health, Food, Fun & Fitness
- Learn Grow Eat & Go
- Path to the Plate Youth Expo
- 4-H Spin Club and/or 4-H Food & Nutrition Learning Opportunities

● **Adults (conducted with staff and/or parents):**

*choose one or more*

- Cooking Well with Diabetes
- Dinner Tonight
- Fresh Start to a Healthier You
- Health Talk Express Series
- Maintain No Gain Holiday Series
- Step Up Scale Down
- Walk Across Texas

● **What do you receive as a Healthy School Recognized Campus?**

- Better Health for students and families
- Proclamations made at School Board meeting and/or Commissioners Court meeting
- Healthy School Recognized Campus Banner
- Bragging Rights



**Program Consideration Timeline:**

Intent to Apply | December 15, 2020  
Designation Application Deadline | April 15, 2021  
Committee Determination | May 1, 2021\*  
Notification to School | May 15, 2021

\*Programs in progress during April 15 to May 1 may be approved pending final completion.

**To complete the Intent to Apply form please visit:**  
<https://tinyurl.com/hsrcintent2020>

*For more information, contact your local County Extension Office*